

ID: 119

Primary Contact:

Lanay Mudd, NCCIH
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All Presenters:

Lanay Mudd, NCCIH (**Primary Presenter**)
Holger Cramer
Jeffery A Dusek, University Hospitals Connor Whole Health
Jenn Felder, University of California San Francisco
Nora Gray, Oregon Health and Science University
Jennifer Baumgartner, NCCIH
Inna Belfer, NCCIH

Title:

Navigating Early Career Stage Transitions and Finding Funding for Career Development in Complementary and Integrative Health Research

Proposed Content Area:

Education

Purpose (limit to one sentence):

The purposes of the workshop are to provide skills for navigating successful research career transitions and how to find research funding options from a variety of sources (e.g., NIH, foundational, international).

Description:

This workshop will focus on skill development for navigating early research career transitions and pursuing funding opportunities. The workshop will begin with an interactive Grantee Experience Panel focused on early career transitions. Panelists (Dr.'s Felder, Gray, Dusek and Cramer) will provide an overview of key skills for transitioning from post-doc to faculty positions and from early mentored projects to leading independent research programs. They will discuss different funding options they pursued during their early career. Dr. Dusek, Dr. Cramer, and Dr. Mudd will provide specific remarks on how to search for funding options from different sources, including private foundation support, international funding sources, and NIH funding opportunities. In depth breakout groups specific to different career stages (i.e., post-doc or early career) will be co-led by the panelists and NCCIH staff (Dr.'s Mudd, Baumgartner and Belfer) to further discuss skills for planning career transitions and grant submissions.

How does the workshop fit the Congress theme of Champions of Whole Health: Using Evidence to Drive Transformation?:

This workshop is focused on providing skills to the next generation of complementary and integrative health researchers to successfully navigate career transitions and seek funding for their career development. The faculty will provide advice for young investigators on how to incorporate a whole person health approach in their research careers.

Target Audience (limit one to two sentences):

The intended audience includes postdoctoral students and junior faculty. Younger students may also find the information valuable, but the content will be focused on early career transitions.

Objective 1:

prepare plans to navigate early research career transitions.

Objective 1 Content/Topics:

Panelists will provide specific skills and tips for preparing for and navigating the transition from post-doc to early career positions and from early mentored career to leading independent research programs. Topics of discussion will include defining skills, knowledge and relationships necessary to achieving career goals, mentorship and training needs, and developing a long-term research plan.

Objective 1 Time Frame:

This topic will be woven through the entire content of the workshop. At least 50% of the time will be on developing career transition skills.

Objective 1 Faculty:

All faculty will address this topic. The panelists will provide hands-on tips from their own experiences. The NIH staff will provide tips based on grantees who have transitioned successfully.

Objective 1 - Teaching/Learning Strategies:

There will be an interactive Grantee Experience Panel to start the workshop that will involve a guided discussion of these topics, along with potential funding options. There will also be in-depth Breakout Groups to encourage more interaction among groups of attendees with faculty. During these groups, faculty will have discussion guides for topics related to career transition skills and mentoring, but there will also be ample time for attendees to ask questions on additional topics. To strengthen learning, attendees will receive handouts of all materials.

Objective 2:

search for and find funding options to support their research career development.

Objective 2 Content/Topics:

For this objective, panelists will describe different funding options they pursued during their early career, and ways that they searched for and found funding opportunities. The intent is not to provide a comprehensive list of options, but rather to discuss a few examples and to focus on how to search for funding from these different types of sources.

Objective 2 Time Frame:

This topic will also be woven through the entire content of the workshop. At least 30% of the time will be spent on discussing how to find funding options.

Objective 2 Faculty:

All faculty will address this topic in the Grantee Experience Panel and Breakout Groups. Dr. Mudd will describe mentored career development awards offered by the NIH. Dr. Cramer will describe some international funding opportunities and Dr. Dusek will describe some foundation award options.

Objective 2 - Teaching/Learning Strategies:

The interactive Grantee Experience Panel will incorporate potential funding options into the guided discussion. In addition, there will be a short didactic session (15 min) with a specific presentation on funding options co-presented by Dr. Mudd, Dr. Cramer and Dr. Dusek. Finally, the in-depth

Breakout Groups will also incorporate discussion topics on funding options. To strengthen learning, attendees will receive handouts of all materials.

Objective 3:

seek appropriate mentorship for different career stages.

Objective 3 Content/Topics:

For this objective, panelists will describe how their mentorship needs changed over time and the qualities they sought in mentors in different career stages.

Objective 3 Time Frame:

This learning objective will be addressed primarily in the breakout groups. At least 20% of the time will be spent on mentorship discussions.

Objective 3 Faculty:

All faculty will address this topic. The funded investigators will discuss the types of mentors they sought at different stages of their career. The NIH staff will discuss mentorship qualities commonly seen in successful grant applications.

Objective 3 - Teaching/Learning Strategies:

This topic may come up in the Grantee Experience Panel but will be primarily addressed in the in-depth Breakout Groups. To strengthen learning, attendees will receive handouts of all materials.

Is this workshop proposed by an organization? :

Yes

Organization Name:

National Center for Complementary and Integrative Health, NIH

Organization Website:

<https://www.nccih.nih.gov/>

Has the content (or substantial parts) of this workshop been previously presented or published?:

Yes

Location(s) and Date(s) of Presentation/Publication:

NCCIH has led similar workshops at the past 3 ICIMH meetings (2016, 2018, 2022). The previously workshops were well-attended and positively reviewed. We have invited new panelists this year with specific expertise for career transitions, foundational funding sources, and international funding sources. We have also focused the content on skill-building for early career transitions to accommodate the change from 3 hr workshops to 90 min workshops.

Clinical Recommendations:

No

Preferred Room Setup:

Rounds

Podium Laptop Request:

I would like to use my own laptop

Other Setup/Session Details:

It would be helpful to have a panel table at the head of the room, along with round tables for the breakout groups.

Proposal Terms & Conditions:

I agree to the above terms and conditions